



Media Contact
Northern Rivers Family Services
Eugene White
518.701.4927 (cell)
Eugene.White@northernrivers.org

FOR IMMEDIATE RELEASE
July 15, 2015

OnTrackNY @ Parsons to Serve Young Adults Experiencing Psychotic Crises

ALBANY, NY– An innovative new behavioral health program designed to help young adults facing the onset of psychotic symptoms will soon be available in the Capital Region. OnTrackNY @ Parsons, a collaborative service of the Office of Mental Health and the Center for Practice Innovations at Columbia Psychiatry to be administered locally by Parsons Child and Family Center, will enroll 30 clients aged 16-30 from the OMH Hudson River region, focusing on Albany, Schenectady, Rensselaer and Saratoga Counties.

Leading the evidence-based program will be Lauren Utter, Psy.D, a Yale-trained expert in the treatment of psychosis. Utter and David Rossetti, Chief of Behavioral Health Services at Parsons parent company Northern Rivers Family Services, are assembling a team of clinicians and support staff to provide therapeutic, medication management, family and academic and professional assistance to help clients achieve long-term treatment goals.

ROSSETTI QUOTE

The introduction of OnTrackNY @ Parsons, along with the addition of rapid-response mental health crisis services for adults to Parsons' existing children's crisis teams, reflects the expansion of Northern Rivers behavioral health services to the adult population.

"We are excited to offer our proven behavioral health services to an expanded population," said John Henley, Chief Executive Officer of Northern Rivers. "Connecting children, adults and families in need to care that can change their lives is what Northern Rivers was created to do."

OnTrackNY @ Parsons will be located at the Parsons Behavioral Health facility at 401 New Karner Road in Albany. For information, contact XXXXXXXXXXXXX

About Northern Rivers Family Services

[Northern Rivers Family Services](#) was established in 2012 through affiliation with longstanding family service agencies Parsons Child and Family Center and Northeast Parent & Child Society. Together, the 1,300-strong workforce of Northern Rivers and affiliates serve more than 13,000 children and families in 41 counties each year, with \$85 million invested through more than 60 social service programs. Northern Rivers builds a strong, successful and healthy future for our children, families and communities through quality services, collaboration and innovative leadership. Follow Northern Rivers on [Facebook](#), [Twitter](#), and [YouTube](#).

###