

BEHAVIORAL HEALTH CENTERS

The Behavioral Health Centers at Parsons Child & Family Center and Northeast Parent & Child Society are licensed by the NYS Office of Mental Health to provide outpatient mental health treatment services to those individuals who need help managing emotional and behavioral challenges. Individuals who are age 64 or younger and who are experiencing social, emotional, family, or mental health related challenges are eligible for services. The center specializes in providing trauma-informed care as well as person-centered treatment. Our goal is to help individuals be successful in all aspects of their life.

AVAILABLE SERVICES

Individual and family therapy is available. Psychiatric consultation and medication management for individuals are available as complementary services to the counseling. Therapy is provided by licensed mental health professionals.

Counseling addresses various life events and needs, including:

- Defiant or oppositional behavior
- Attention problems and hyperactive behavior
- Coping with loss
- Depression/withdrawn behavior
- Lying and stealing
- Bullying
- Attachment and bonding
- Mood swings
- Managing traumatic events
- Suicidality
- Sexual identity
- Military life

BENEFITS

- Evening hours available
- Conveniently located on CDTA bus routes

Who can access services? Individuals age 64 or younger, regardless of county of residence.

How are services accessed? To make an appointment or a referral, please contact one of the following locations:

Albany: 401 New Karner Road, Albany, 518.431.1650

Malta: 2452 U.S. Route 9, Suite 206, 518.292.5433

Schenectady: 530 Franklin Street, Schenectady, 518.381.8911

When are services available? The Behavioral Health Centers are open Monday through Friday; evening hours are available on request.